



Fox Valley Surgical

ASSOCIATES

ULCERATIVE PROCTITIS FACT SHEET

Is Ulcerative Proctitis serious?

Ulcerative proctitis will not lead to more serious diseases like cancer, and most patients with the disease do not develop the more severe ulcerative colitis. However, it is important to remember that ulcerative proctitis is a chronic disease, meaning that it will continue to recur. For this reason, patients must work closely with their physicians to control it.

How is Ulcerative Proctitis treated?

Long-term use of medications and regular check-ups may be required to control ulcerative proctitis. New topical medications applied directly to the inflamed area of your colon are convenient, easy-to-use and effective.

Symptoms will decrease as the inflammation caused by ulcerative proctitis is reduced. Your physician may recommend periodic examinations to monitor the inflammation. These exams involve inserting a scope into your rectum to look directly at the inflammation; the procedure is conducted in the doctor's office with little or no discomfort.

Will Ulcerative Proctitis restrict me?

Though ulcerative proctitis can be troublesome, it should not interfere with your lifestyle. Your diet, work schedule and recreational activities should not be affected. Working together with your physician, you can effectively manage your ulcerative proctitis.